

TIMETABLE WOD 1 - SATURDAY APRIL 27

SCALED MEN

HEAT 1

8:00

ILIA	KUMARAKU	Albania	THELAB365	LANE 1
SOFIEN	ZGURO	Albania	URBAN FIT	LANE 2
CHRIS	KRIKELAS	Greece	PRIMAL	LANE 3
YLLI	SHEHU	Albania	BE ALPHA CROSSFIT	LANE 4
KLAJDI	FIDA	Albania	EVOLVE GYM	LANE 5
DENIS	KONOPULLI	Albania	THE PROGRAM	LANE 6
VITO	CAFAGNA	Italy	CTH	LANE 7
AURON	SYLA	Kosovo	CROSSFIT PRISHTINA	LANE 8
LEDJAN	NDREU	Albania	THEBOX	LANE 9
FLOGERT	TANGU	Albania	MAD HALL CROSSFIT	LANE 10

HEAT 2

8:07

KOSMAS	LOLIDIS	Greece	GORILLA GRIP GYM	LANE 1
KLEJDI	BORAKAJ	Albania	NIRVANA	LANE 2
GIUSEPPE	IANNELLI	Italy	CF MOLA DI BARI	LANE 3
KRISTI	LLUKA	Albania	SPARTAN ALBANIA	LANE 4
JOHAN	MUKA	Albania	THE LAB 365	LANE 5
ERGI	DEDEJ	Albania	TIRANA CROSFIT	LANE 6
ALKEVO	RAMA	Albania	EVOLVE GYM	LANE 7
BRUNO	KERUTI	Albania	BE ALPHA CROSSFIT	LANE 8
ŞTEFAN	MATEI	Romania	MAGNUM OPUS	LANE 9
FESTIM	ABDULLAHU	North Macedonia	FITBOXPRISHTINA	LANE 10

HEAT 3

8:14

ALEKS	XHIXHO	Albania	FITBOX	LANE 1
SKERDI	KUMARAKU	Albania	FITBOX	LANE 2
VITO	CELLAMARO	Italy	CROSSFITMOLADIBARI	LANE 3
KUSHTRIM	SHABANI	Kosovo	CROSSFIT PRISHTINA	LANE 4
FLORALB	XHELAJ	Albania	THELAB365	LANE 5
ASTRIT	DOGJANI	Albania	EVOLVE GYM	LANE 6
ERALD	GJEVORI	Albania	CROSSFIT CUFO	LANE 7
ENTRIT	LITSO	Greece	ELITE FITNESS	LANE 8
DIMITRIOS	KAKALIANANTIS	Greece	CF BEE BOX	LANE 9
KLODJAN	GJONI	Albania	NIRVANA VLORE	LANE 10

HEAT 4**8:21**

MARINGLEN	DODA	Albania	EVOLVE GYM	LANE 1
DEJVIS	SHESHI	Albania	SPARTAN ALBANIA	LANE 2
FJORDI	MANCELLARI	Albania	THE LAB 365	LANE 3
ENDON	BAJRAKTARI	Albania	BE ALPHA CROSSFIT	LANE 4
ERMAL	KENGA	Albania	GRIND ARENA	LANE 5
KLESON	BRACAJ	Albania	BE ALPHA CROSSFIT	LANE 6
PAOLO	DI GIUSEPPE	Italy	CROSSFIT VAL VIBRATA	LANE 7
DION	SHEHU	Kosovo	BOOT CAMP	LANE 8
ALTIN	SERANI	Albania	NIRVANA FITNESS CLUB	LANE 9
AGGELOS	PANOS	Greece	ENERGY ROOM	LANE 10

HEAT 5**8:28**

VELJKO	VULOVIC	Montenegro	CROSSFIT BBEF	LANE 1
LLAZI	DEDE	Albania	VEGA	LANE 2
BILAL	MERKAJ	Albania	SPARTAN ALBANIA	LANE 3
KLAUDIO	HOXHA	Albania	URBAN FIT	LANE 4
XHORXHO	LLAMBRO	Albania	THEBOX	LANE 5
RICCARDO	MADEDDU	Italy	CAVEMAN IMPERIA	LANE 6
VALENTINO	MALAJ	Albania	NIRVANA	LANE 7
THOMAS	TENEKETZIS	Greece	CF BEE BOX	LANE 8
DORIAN	DORZI	Albania	EVOLVE GYM	LANE 9
BLEDI	SHEHU	Albania	BE ALPHA CROSSFIT	LANE 10

HEAT 6**8:35**

BESNIK	REXHA	Montenegro	FITBOX ULCINJ	LANE 1
GIOVANNI	IELPO	Italy	ELITE FIT&TRAINING	LANE 2
DRILON	GJANA	Albania	BE ALPHA CROSSFIT	LANE 3
LEDIO	ZAJMI	Albania	SPARTAN ALBANIA	LANE 4
TOMAS	TEREZI	Albania	THE LAB 365	LANE 5
JONAD	TOPÇIU	Albania	TIRANA CROSSPORT	LANE 6
GIORGOS	THEODOROU	Greece	MAD HALL	LANE 7
GIANDOMENICO	CHIARELLI	Italy	CROSSFIT CORTINA	LANE 8
ALKET	TAFA	Albania	CROSSFIT CUFO	LANE 9
ARLIND	ASLLANI	Albania	FITNESS GYM E'LUSI	LANE 10

HEAT 7**8:42**

RRON	YMERI	Kosovo	FLEX CROSS/GYM	LANE 1
MARKELIAN	BACI	Albania	FITNESS GYM E'LUSI	LANE 2
KRISTI	MANUSHI	Albania	BE ALPHA CROSSFIT	LANE 3
DENIS	TATAJ	Albania	SPARTAN ALBANIA	LANE 4
ARDJAN	VRAPI	Albania	THEBOX	LANE 5
THOMAS	THEMELIS	Greece	GORILLA GRIP GYM	LANE 6
RODEN	NISHKU	Albania	RON_ADVENTUR	LANE 7
REZART	HALDEDA	Albania	BE ALPHA CROSSFIT	LANE 8
BOBAN	BOSHKOV	North Macedonia	FITNES FABRIKA	LANE 9
RIÇARD	HOXHA	Albania	FITESTSTAMINAWARRIOR	LANE 10

HEAT 8**8:49**

REMZ	KEQI	Albania	BE ALPHA CROSSFIT	LANE 1
KLEI	BEZHANI	Albania	CROSSFIT CUFO	LANE 2
ENEA	BALILAJ	Albania	NIRVANA FITNESS	LANE 3
FABRIZIO	PICCIRILLO	Italy	BLUE SKY	LANE 4
SAMMARTINO	ANTONIO PIETRO	Italy	ELITE FIT&TRAINING	LANE 5
KLEVIS	MAXHARI	Albania	FITNESS GYM ELUSI	LANE 6
DINOS	TAHOS	Greece	MAD HALL	LANE 7
KEREM	ERCIVAN	Turkey	HANGAR BOOT CAMP	LANE 8
RREZON	HASANI	Kosovo	CROSSFIT PRISHTINA	LANE 9
DETJON	MYRTAJ	Albania	PUMA	LANE 10

HEAT 9**8:56**

SOKOL	DOGJANI	Albania	EVOLVE GYM	LANE 1
ALEKSANDAR	KRUSHAREV	North Macedonia	FITNESS FABRIKA	LANE 2
SOTIRIS	FOUNTZOULAS	Greece	CROSS GARAGE GYM	LANE 3
MARTIN	LLAZANI	Albania	SPARTAN ALBANIA	LANE 4
MARKO	CELA	Albania	THELAB365	LANE 5
JASHAR	PERSHAKU	Albania	FITBOX	LANE 6
SAIMIR	DURICI	Albania	FITBOX	LANE 7
HADIS	AVDUTI	Kosovo	IBEX PRIZREN	LANE 8
ART	VELIU	Albania	CF FITBOX PRISHTINA	LANE 9
GENT	ZENUNI	Albania	URBAN FIT	LANE 10

HEAT 10**9:03**

LEDIO	DEDA	Albania	FITNESS GYM ELUSI	LANE 1
MILTOS	ANTONAKIS	Greece	MAD HALL	LANE 2
VEGIM	HOXHA	Kosovo	FLEXCROSS	LANE 3
BESARD	NDOU	Albania	BE ALPHA CROSSFIT	LANE 4
JASHAR	NDREGJONI	Albania	FIT 21	LANE 5
GERALD	SHAMKU	Albania	SPARTAN ALBANIA	LANE 6
FLAVIO	DALIPI	Albania	NIRVANA FITNESS	LANE 7
MARCO	FURNARI	Italy	CROSSFITM1	LANE 8
ΑΛΚΙΝΟΟΣ	ΑΓΑΤΙΑΝΟΣ	Greece	PERFORMANCE 43	LANE 9
PIERPAOLO	LENTINI	Italy	GREATWAVE CROSSFIT	LANE 10

HEAT 11**9:10**

NIKOS	ORHAN	Albania	GORILLA GRIP GYM	LANE 1
LORENCIO	METAJ	Albania	NIRVANA FITNESS	LANE 2
BELIND	YMERI	Albania	PUMA	LANE 3
EMILIANO	MANKOLLI	Albania	SPARTAN ALBANIA	LANE 4
JOHN	ZIOZIOS	Greece	60MINUTESELASSONABOX	LANE 5
MICHELE	RASPATELLI	Italy	CF MOLA DI BARI	LANE 6
ARDIT	MBRATI	Albania	EVOLVE GYM	LANE 7
DIELL	BUDECI	Kosovo	CROSSFIT PRISHTINA	LANE 8
KLEJDI	QEMALLI	Albania	ELITE FITNESS	LANE 9
VINCENZO	LOMBARDO	Italy	OHANA/ PES. CAPURSL	LANE 10

TEENAGERS**HEAT 1****9:20**

ENA	HOXHIQ	Montenegro	FIT BOX, ULCINJ	LANE 1
RENEA	ZAJMI	Kosovo	BOOT CAMP	LANE 2
NIKOL	LOUKI	Greece	ALTERLIFE PAIANIA	LANE 3
ALBINA	BLLOSHMI	Albania	THEBOX	LANE 4
UESIL	BARDHI	Albania	BE ALPHA CROSSFIT	LANE 5
DONALD	MARKU	Albania	BE ALPHA CROSSFIT	LANE 6
ERSI	DAUTI	Albania	BE ALPHA CROSSFIT	LANE 7
BORISZ	BUDAFOKI	Hungary	NOBIS CROSSFIT	LANE 8
ANSEL	BRARI	Albania	TIRANACROSSPORT	LANE 9

SCALED WOMEN

HEAT 1

9:30

ERA	MALAJ	Albania	THEBOX	LANE 1
ANISA	PLLUMBI	Albania	BE ALPHA CROSSFIT	LANE 2
ERJONA	BOKCIU	Albania	FIT21	LANE 3
MARIALUISA	BARBARELLO	Italy	CROSSFITMOLADIBARI	LANE 4
ASPA	MILITI	Greece	GORILLAGRIPGYM	LANE 5
ERMIRA	SHEHU	Kosovo		LANE 6
SONJA	JANKOVIKJ	North Macedonia	FITNESS FABRIKA	LANE 7
SANIE	HOXHA	Albania	EUROSPORT	LANE 8
EVA	BINI	Greece	CROSS GARAGE	LANE 9

HEAT 2

9:37

LUCIA	DOLCE	Italy	CROSSFIT M1	LANE 1
ERANDA	HALKA	Albania	SPARTAN ALBANIA	LANE 2
DORIS	DAUTI	Albania	BE ALPHA CROSSFIT	LANE 3
CHRISTINA	AKOPYAN	Armenia	GORILLA GRIP	LANE 4
DIMITRA	SELLINA	Greece	CROSSFIT NÛMENOR	LANE 5
MILENA	ILIEVSKA	North Macedonia	FITNES FABRIKA	LANE 6
ALEKSANDRA	LEKOVIĆ	Montenegro	FIT BOX	LANE 7
ILIONA	META	Albania		LANE 8
OLIGERTA	CELA	Albania	EVOLVE GYM	LANE 9

HEAT 3

9:44

ERA	LIRZA	Albania	SPARTAN ALBANIA	LANE 1
ANXHELA	HOXHAI	Albania	Fit 21	LANE 2
MONIKA	STREZOVSKA	North Macedonia	FITNES FABRIKA	LANE 3
SELMA	ÇOKU	Albania	FITBOX	LANE 4
UENDI	COCKA	Albania	FITBOX	LANE 5
ANA	OSMENAJ	Albania	FITBOX	LANE 6
SOPHIE	SCHORTSIANITI	Greece	GORILLA GRIP GYM	LANE 7
JEANINE ERIKA	CANLAS	Italy	EVOLVE GYM	LANE 8
GIUSEPPINA	TROILO	Italy	BLUE SKY	LANE 9

HEAT 4**9:51**

KATERINA	KIRIAKOU	Greece	CF BEE BOX	LANE 1
MARIZA	VERUARI	Albania	SPARTAN ALBANIA	LANE 2
EFI	SARAMANTA	Greece	MADHALL CROSSFIT	LANE 3
MEGI	CUEDARI	Albania	THEBOX	LANE 4
ILDA	KOLA	Albania	BE ALPHA CROSSFIT	LANE 5
GIORGIA	GALLUZZO	Italy	WHITEFIT OSTUNI	LANE 6
TRINA	UKMATA	Kosovo	FLEX GYM	LANE 7
CECILIA	PARRA	Italy	RECKLESS	LANE 8
MARSIDA	BARDHI	Albania	EVOLVE GUM	LANE 9

HEAT 5**9:58**

LISJENA	KALAJ	Albania	CROSSFITMOLADIBARI	LANE 1
KAROLINA	GŁOWACKA	Poland	STF069	LANE 2
EVA	ALAMANOU	Greece	CFBEEBOX	LANE 3
ANTONELLA	CONVERSO	Italy	BLUE SKY	LANE 4
ERA	DANKSHI	Albania	STAMINA WARRIOR	LANE 5
VIVI	PSYCHOGIOU	Greece	CROSSFIT NUMENOR	LANE 6
ERIONA	KULLA	Albania	FIT21	LANE 7
ERGISA	PERSHYTI	Albania	THEBOX	LANE 8
HAIANA	NIKOLAIAKH	Greece	GORILLA GRIP GYM	LANE 9

HEAT 6**10:05**

ERIKA	ORHAN	Albania	GORILLA GRIP GYM	LANE 1
ANISA	CANIA	Albania	BE ALPHA CROSSFIT	LANE 2
DAJANA	BORAKAJ	Albania	NIRVANA FITNESS	LANE 3
SARA	GARGARO	Italy		LANE 4
ELENA	SHEGANI	Albania	FIT21 ATHLETE	LANE 5
STEVI	KALOGEROPOULOU	Greece	BASEMENT TRAINING	LANE 6
FRANCESCA	PARISI	Italy	CROSSFIT CASCINA	LANE 7
KAY	BOJOVIC	United States	TOTALFIT LIFE	LANE 8
FLAKA	ISMAILI	Kosovo	CROSSFIT PISHTINA	LANE 9

MASTER MEN 35-39

HEAT 1

10:15

KONSTANTIN	SHADEEV	Russia	TIRANACROSSPORT	LANE 1
KONSTANTINOS	KOSTAS	Greece	JYM'S HAMMERS	LANE 2
MALVIS	HOXHA	Italy	DEMANTUR	LANE 3
KRENAR	KASUMI	Kosovo	CF FITBOX PRISHTINA	LANE 4
NICO	PETRUZZI	Italy	CROSSFIT MOLADIBARI	LANE 5
MICHAŁ	MUDRYI	Poland	GYM BOX OPOLE	LANE 6
AGON	GASHI	Kosovo	CROSSFIT PRISHTINA	LANE 7
DOMENICO	IELPO	Italy	BOX 979	LANE 8
DIMITRIOS	GRILLAS	Greece	SUPER FITNESS GYM	LANE 9
BLERON	HOXHAI	Albania	THE LAB 365	LANE 10

HEAT 2

10:22

GIUSEPPE	MARAFIOTI	Italy	CROSSFIT ADAMANTIO	LANE 1
KYUTA	KYUTA KLINGER	Switzerland	WE ARE UNDERDOGS	LANE 2
ERVIN	MALASI	Albania	LAB365	LANE 3
VITO	VAVALLE	Italy	WHITEFIT OSTUNI	LANE 4
KOSTAS	TRIANTOPOULOS	Greece	INDEPENDENT	LANE 5
ANDREJ	BENOVIC	Slovakia	HARDGYM	LANE 6
ENDRIT	GJYSHINCA	Kosovo	CROSSFIT PRISHTINA	LANE 7
KAMIL	KOSZAK	Poland	STF069	LANE 8
DAVIDE	SCUDERI	Italy	SPARTACROSS CATANIA	LANE 9
AGGELOS	STAVROU	Greece	PERFORMANCE43	LANE 10

MASTER MEN 40

HEAT 1

10:32

MARK	BOJOVIC	United States	TOTALFIT LIFE	LANE 1
SRDJAN	BOSANCIC	Bosnia & Herzegovina	CROSSBOX KRYPTOM	LANE 2
ANTYPAS	ARVANITAKIS	Greece	FLOW 868	LANE 3
MIRCO	FACCHINI	Italy	BOX 195	LANE 4
ALBAN	UKA	Kosovo	CROSSFIT PRISHTINA	LANE 5
RAUL	CORDERO	Spain	MIBOX CROSSFIT	LANE 6
ALBERTO	SEGUNDO CASTELLANOS	Spain	CROSSFIR BELLUM	LANE 7
AKIS	ANASTASIADIS	Greece	JIM'S HAMMERS	LANE 8
ERDUAN	LUTFIJA	Albania	MOLA DI BARI	LANE 9
LUKÁŠ	BOHM	Slovakia	HARDGYM	LANE 10

HEAT 2**10:39**

AMERIGO	BLASI	Italy	CROSSFIT ADAMANTIO	LANE 1
ΕΛΙΣΣΑΙΟΣ	ΚΑΝΕΛΛΟΠΟΥΛΟΣ	Greece	MADHALL CROSSFIT	LANE 2
DAVID	USANDIZAGA	Spain	CROSSFIT BELLUM	LANE 3
ALBERT	LLINARES	Spain		LANE 4
ARTUR	MUSTAKA	Albania	VEGA	LANE 5
DEJAN	CEROVAC	Serbia		LANE 6
NICK	PAPADOPOULOS	Greece	SUPER FITNESS GYM	LANE 7
BLEDAR	GOGA	Albania	THEBOX	LANE 8
RODNEY	ROSALIA	Netherlands	FITNESS FABRIKA	LANE 9
PATRICK	CUNNINGHAM	United States	SPARTAN ALBANIA	LANE 10

ELITE WOMEN**HEAT 1****10:49**

LAURA	PÉREZ	Spain		LANE 1
EYA	MOUZAKI	Greece	ZAKINTHOS	LANE 2
ALISA	HASANI	Kosovo	IBEX	LANE 3
CHIARA	POGGIANTI	Italy	CROSSFIT LA SPEZIA	LANE 4
SIRIA	MEHA	Albania	CROSSFIT HUNSTMAN	LANE 5
AMANDA	GONZÁLEZ GALINDO	Spain	THE ANT PROGRAMMING	LANE 6
TERESA	PEPE	Italy	CROSSFIT ADAMANTIO	LANE 7

HEAT 2**10:56**

CRISTINA	FAGIOLI	Italy	CROSSFIT M1	LANE 1
ANDREA	VALENCIANO	Spain		LANE 2
JOANA	SKENDAJ	Albania	GRIND ARENA	LANE 3
FRANCESCA	ARENA	Italy	PESISTICA CAPURSO	LANE 4
XRISTIANNA	BABE	Greece	MAD HALL CROSSFIT	LANE 5
BESIANA	KIOSE	Albania	DAILYNYTRAFIT	LANE 6
ELISA	MONTAGNA	Italy	CROSSFIT SAN DONÀ	LANE 7

ELITE MEN

HEAT 1

11:06

MORENO	MATANI	Italy	CF VAL DI RODI	LANE 1
DINOS	MEMLIKA	Albania	COMRADERY	LANE 2
HATEM	INDRIZLLARI	Albania	STAMINA WARRIOR	LANE 3
LAMPROS	SAPOUNAS	Greece	PRIMAL	LANE 4
PIETRO	SPICA	Italy	CROSSFIT 91011	LANE 5
ELION	BOBANI	Kosovo	IRON BROTHERS	LANE 6
STEFANO	FUSCALDO	Italy	CROSSFIT CORTINA	LANE 7
NICK	WILGER	United States	TOTALFIT	LANE 8
ISAAC	VIDE CHAO	Spain	THE ANT PROGRAMMING	LANE 9

HEAT 2

11:13

EDUART	PAJOLLARI	Albania	FIT21 ATHLETE	LANE 1
ADEM	RAMA	North Macedonia	FITNES FABRIKA	LANE 2
ANTONIO	CAPRARO	Italy	CROSSFIT CORTINA	LANE 3
MARIAN	PRENDI	Albania	BE ALPHA CROSSFIT	LANE 4
SILVIU	PANDELEA	Italy	CROSSFIT VAL VIBRATA	LANE 5
ANDREA	MANZONE	Italy	CAVEMAN IMPERIA	LANE 6
ENIS	BOBANI	Kosovo	IRON BROTHERS	LANE 7
ALESSANDRO	CONSIGLIO	Italy	CROSSFIT VALDIRODI	LANE 8
VASILIS	NOULIS	Greece	UNAFFILIATED	LANE 9

HEAT 3

11:20

ARTAN	HASANI	Kosovo	CROSSFIT PRISHTINA	LANE 1
MISO	PAPAK	Bosnia & Herzegovina	CROSSBOX KRYPTON	LANE 2
HAMZA	SYLQA	Kosovo	CF FITBOX PRISHTINA	LANE 3
FRENSI	HANELLI	Albania	GRIND ARENA	LANE 4
ANDREA	VAIRO	Italy	CF VALDIRODI LFF	LANE 5
LEFTERIS	THEOFANIDIS	Greece	#WTFDESMO	LANE 6
MARTIN	KRAJTMAR	Serbia	CROSSBOX INFINITY	LANE 7
JONATHAN	MERCURIO	Italy		LANE 8
FRANCESCO	LAZZAROTTO	Italy	EVOLVE GYM	LANE 9